

Additional Grief Resources

These links will take you to other websites outside of Kate's Heart

PODCASTS:

Grief Out loud by The Dougy Center

<https://www.dougy.org/news-media/podcasts>

Healing by David Kessler, international grief educator

<https://grief.com/podcasts/>

WEBSITES:

National Alliance for Children's Grief-downloadable resources, articles, toolkits

<https://nacg.org/>

The Dougy Center

<https://www.dougy.org/>

Grief.com-free webinars, free class for parents, online support groups

<https://grief.com/>

What's Your Grief?

<https://whatsyourgrief.com/>

Compassionate Friends- a national organization with resources and online support

<https://www.compassionatefriends.org/>

Bereaved Parents-a national organization with resources for parents, siblings and grandparents

<https://www.bereavedparentsusa.org/>

List of recommended books from The New York Public Library

<https://www.nypl.org/blog/2021/03/09/books-help-tweens-teens-adults-cope-grief>